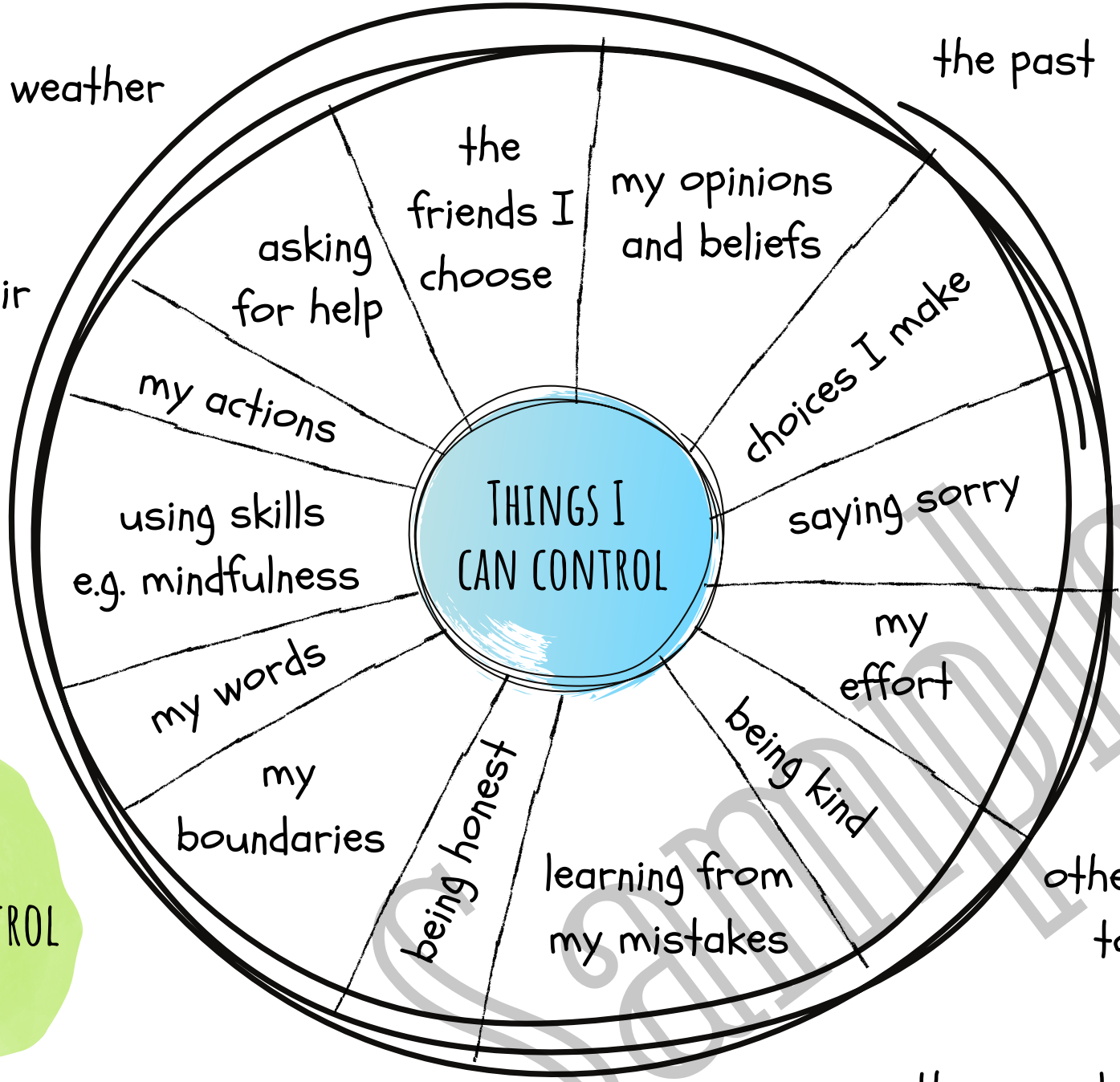

MENTALLY WELL SCHOOLS

WWW.MENTALLYWELLSCHOOLS.CO.UK

the weather

the past

what other people do / their choices

other people saying sorry

what other people say

other people being kind

other people wanting to be my friend

other people's mistakes

how other people feel

my height

THINGS I CAN NOT CONTROL

Sample